Managing Hypersensitivity Reactions After Asparaginase Treatment: A Systematic Literature Review

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Background

- L-asparaginase (ASP) is an important component of multi-agent treatment regimens for acute lymphoblastic leukemia/lymphoblastic lymphoma^{1,2}
- However, hypersensitivity reactions (HSRs) to Escherichia coli (E. coli)-derived ASP are common, often lead to treatment discontinuation, and can lead to inferior clinical outcomes^{1,3,4}
- Guidelines recommend switching to an immunologically distinct ASP formulation such as an *Erwinia chrysanthemi*-derived ASP, which has
- From 2016 to 2021, quality and manufacturing issues have led to frequent and repeated global supply shortages of native *Erwinia* ASP, making transition to an *Erwinia* ASP challenging⁷
- Alternative practices such as administering premedication and rechallenging/desensitization with *E. coli* ASPs were explored to mitigate drug shortages and meet urgent patient needs^{3,4}
- However, there is limited understanding of the effectiveness of these practices

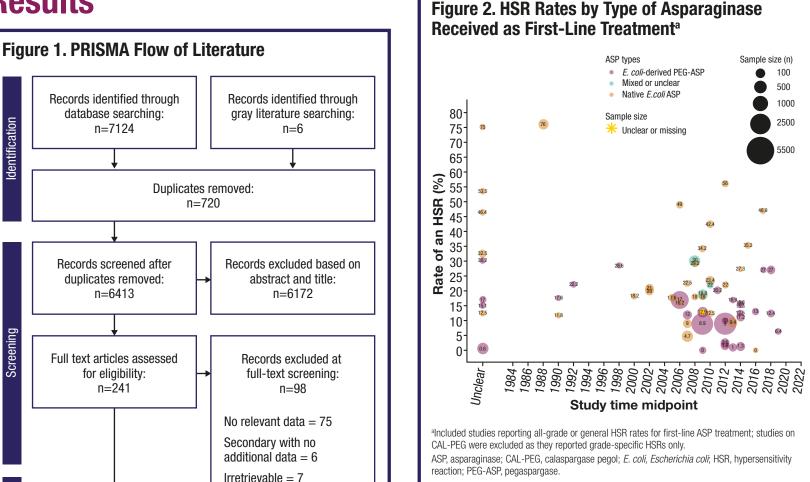
Objectives

 A systematic literature review (SLR) was conducted to evaluate the prevalence of HSRs with different *E. coli* ASP formulations and summarize evidence on the effectiveness of alternative HSR management practices and current guideline recommendations

Methods

- Databases including PubMed, Embase, and the Cochrane library were searched from their inception to May 2023 to identify relevant studies reporting on HSRs and their management
- The search was restricted to publications with abstracts and in humans only, and included several study designs such as randomized controlled trials (RCT), retrospective or prospective observational studies, and guidelines
- The search strategy consisted of title/abstract key words and subject headings describing key concepts of "asparaginase" and "hypersensitivity"
- The original search included congress abstracts published from 2010 to May 2023
- Abstracts were screened independently by 2 researchers with discrepancies resolved by a project lead
- As pediatric patients (>1 month to <21.5 years old) transitioned from treatment with pegaspargase (PEG-ASP) to calaspargase pegol (CAL-PEG) beginning December 2022, a targeted search of recent congress abstracts was conducted after the original SLR was completed to capture recent data on CAL-PEG
- HSR rates defined as incidences for different ASP formulations were extracted from studies and summarized descriptively, including ranges, calculated weighted averages of studies with ≥100 patients (based on study sample sizes), and data on premedication and rechallenge/desensitization
- Other treatment variables including switching to other formulations and rechallenging with or without premedication were also extracted
- The quality of studies was assessed using the Cochrane Risk of Bias tool for RCTs and Downs and Black criteria for non-randomized trials^{8,9}

Results



PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses. • The SLR identified 143 relevant articles selected for review, including guidelines, full-text publications, and abstracts, reporting a total of 141 nonduplicative studies

Articles selected for the review: n=143

 The different ASP types used for any line of treatment included 67 native *E. coli* ASP studies, 102 PEG-ASP studies, and 2 CAL-PEG studies

 In addition, 4 relevant abstracts presented in 2024 were identified after the SLR was completed¹⁰⁻¹³

HSR Rates With *E. coli* **ASP**

- Publications reported a wide range of HSR rates across studies and formulations
- In studies with >100 patients, native *E. coli* ASP and PEG-ASP studies reported HSR rates of 5% to 56% (mean 28%; median 23.4%) and 1% to 33% (mean 8%; median 13%), respectively
- Two randomized trials evaluated CAL-PEG: 1 trial reported post-induction grade ≥2 allergy in 17% of patients¹⁴; the other reported grade 1-4 allergy in 27% of patients during consolidation¹⁵
- Three recent congress abstracts reported HSR rates with CAL-PEG at 4% (grade 3), 12 38% (≥grade 3), 13 and 42% (≥grade 2)¹⁰

Table 1. Studies Comparing HSR Rates With and Without Universal Premedication

Study	Study Details	ASP as Primary Prevention	Number of ASP Doses	Premedication	HSR Rates	TDM	Significant Reduction in HSR From UPM	
Cooper SL, et al. 2019 ^{16,a}	Single-institution Pediatric/AYA Historic cohort	PEG-ASP	With UPM: 68	 Diphenhydramine H₂-receptor blocker Hydrocortisone 	7%	Yes	Yes RR 0.427 (95% Cl: 0.27, 0.69) for UPM <i>P</i> =0.028	
	study (N=177)		Without UPM: 122	None	17%			
Stock W, et al. 2019 ¹⁷	AYA/adultsConsortia trial(N. 205)	PEG-ASP	With UPM: NR	AcetaminophenHydrocortisoneDiphenhydramine	4%	NR	No statistical test performed	
	• (N=295)		Without UPM: NR	 None 	10%			
Hughes C, et al. 2020 ^{18,b}	Single-institution Pediatric historic cohort study (N=277)	PEG-ASP	With UPM: 94	DiphenhydramineRanitidine	18%		No <i>P</i> =0.56	
			With UPM: 125	 Diphenhydramine H₂-receptor blocker Hydrocortisone Saline piggyback 	13%	NR		
			Without UPM: 121	 None 	12%			
Babcock KJ, et al. 2022 ¹⁹	Single-institutionPediatric/AYA, historic cohort	PEG-ASP	With UPM: 80	 Antihistamine H₂-receptor blocker Corticosteroid 	6%	Yes	No <i>P</i> =1.0	
	study (N=38)		Without UPM: 50	 None 	5%		-	
Fajardo A, et al. 2022 ²⁰	 Single-institution, Pediatric historic cohort study (N=107) 	PEG-ASP	With UPM: 58	DiphenhydramineH₂-receptor blocker	17%	Yes	No <i>P</i> =0.25	
			Without UPM: 49	 None 	27%			

Age was significantly higher in patients receiving UPM (11.3 vs 8 years, P=0.0006) and 13 patients received PEG-ASP both without and with premedication; 277 patients received at least 1 dose of PEG-ASP during the review period; some patients received PEG-ASP across multiple periods ASP, asparaginase; AYA, adolescent and young adults; CI, confidence interval; HSR, hypersensitivity reaction; NR, not reported; PEG-ASP, pegaspargase; RR, relative risk; TDM, therapeutic drug monitoring;

Existing Guideline Recommendations Regarding Premedication for HSR Management

- Five of the 7 guidelines identified in the SLR (eg, ASP management guidelines, single-center/institutional guidelines, and premedication/therapeutic drug monitoring protocol) recommended use of premedication to prevent HSRs²¹⁻²⁵
- Four guidelines specifically recommended premedication with therapeutic drug monitoring (TDM): 1 institutional,²¹ 1 national,²⁴ European Society for Medical Oncology (ESMO), 23 and National Comprehensive Cancer Network Guidelines (NCCN Guidelines®) 25
- From the NCCN Guidelines: If anti-allergy premedication is used prior to PEG-ASP or *Erwinia* ASP administration, TDM using commercially available asparaginase activity assays is highly recommended
- One institution guideline recommended premedication but did not include specific TDM requirements as they were being introduced into their institution at the time of writing²²

Existing Guideline Recommendations Regarding Switching to Other ASPs

- Four guidelines recommended switching patients with grade 3/4 HSR to Erwinia ASP, and to rechallenge patients having grade 1/2 HSR with E. coli-derived PEG-ASP, preferably with premedication (2 institutional, 21,22 1 national, 24 and NCCN Guidelines®25)
- ESMO recommended the following²³:
- Switching patients who experience any grade 3/4 HSR or confirmed grade 1/2 HSR to *Erwinia* ASP

Table 2. Desensitization Outcomes With PEG-ASP and CAL-PEG

Study	Study Details	Initial ASP	Rechallenge or Switch Details	Number of Patients Rechallenged	Desensitization Success Rate ^a
Fry J, et al. 2024 ¹⁰	Single-center studyPediatric patients with ALL/LBL	CAL-PEG	 CAL-PEG rechallenge with desensitization and premedication 	10	30%
Matherne M. 2024 ¹¹	Single-center studyPediatric patients with ALL	CAL-PEG	 CAL-PEG rechallenge with desensitization 	4	20%
August KJ, et al. 2020 ²⁶	Retrospective study in 2 centersChildren and AYA patients with ALL	PEG-ASP	• PEG-ASP	9	100%
Farooki S, et al. 2019 ²⁷	Case seriesPediatric patients with ALL	PEG-ASP	 PEG-ASP with premedication and desensitization 	3	100%
Swanson HD, et al. 2020 ²⁸	Single-center studyPediatric and AYA patients with ALL	PEG-ASP	 PEG-ASP with premedication and desensitization 	8	88%
August KJ, et al. 2022 ²⁹	Single-center studyPediatric patients with ALL/LBL	PEG-ASP	 PEG-ASP rechallenge with desensitization 	21	81%
Cecconello DK, et al. 2022 ³⁰	Case studyChildren and adolescents (5-13) years with ALL	PEG-ASP	 PEG-ASP with desensitization and premedication 	4	75%
Sorge C, et al. 2015 ³¹	 Retrospective observational study Children with ALL treated between 2012 and 2014 	PEG-ASP	 PEG-ASP with premedication and desensitization 	3	75%
Verma A, et al. 2019 ³²	Case seriesChildren and AYA (3-19 years) with ALL or LBL	PEG-ASP	 PEG-ASP with premedication and desensitization 	10	70%
Cramer J, et al. 2022 ³³	 Single-center retrospective study Children and AYA (2-22 years) with ALL or LBL treated between 2019 and 2020 	PEG-ASP	 PEG-ASP rechallenge with premedication and desensitization 	15	60%
Gilje EA, et al. 2023 ³⁴	Retrospective observational studyPediatric patients with ALL	PEG-ASP	 PEG-ASP rechallenge with desensitization 	8	13%
Dara C, et al. 2021 ³⁵	Multicenter studyPatients with ALL or NK T-cell lymphoma	PEG-ASP	 PEG-ASP with same premedication and desensitization 	4	No results

ALL, acute lymphoblastic leukemia; ASP, asparaginase; AYA, adolescent and young adults; CAL-PEG, calaspargase pegol; HSR, hypersensitivity reaction; LBL, lymphoblastic lymphoma; NK, natural killer; PEG-ASP, pegaspargase; SAA, serum asparaginase activity.

Desensitization Protocols and Outcomes

- The SLR and the recent abstract search identified 21 reports including observational studies, case reports, and case series manuscripts on desensitization: 10 on PEG-ASP, 6 on E. coli ASP, 2 on CAL-PEG, and 3 on unspecified ASP
- There was no consensus or guideline on desensitization protocols
 - One case study involved a 10-step, 185-minute desensitization regimen³⁶ while 1 observational study and 1 case study adopted differing protocols involving 12 steps^{37,38}
- Studies exploring the effectiveness of desensitization did not show consistent results
- Of 17 reports with ≥2 patients, 11 reported failure rates of ≥25%; notably, 2 studies reported desensitization with CAL-PEG, however, the success rate was <25% in both studies

Impact of Premedication on HSR Rates

- Premedication (defined as ≥1 agent administered before or with ASP to prevent HSRs in each study) has become common practice
- A total of 21 studies on universal premedication were identified from 2006 to 2022

Five compared HSR rates with and without universal premedication¹⁶⁻¹⁹

Methodology = 7

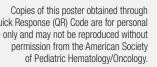
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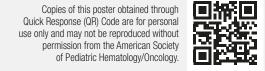
• Three studies showed no statistically significant difference on HSR rates¹⁸⁻²⁰; 1 study showed a numerical reduction without statistical tests, and 1 study showed a statistically significant reduction in HSR rates with universal premedication¹⁶

Conclusions

- HSRs are common with ASP, with varying prevalence across ASP formulations and protocols
- Large studies on desensitization are lacking, most being case studies/series showing variable rates of success
- This SLR suggests increasing use of premedication with the use of TDM, despite insufficient evidence on its effectiveness A meta-analysis is being explored to further evaluate HSR rates and treatment strategies by addressing the heterogenous nature of the studies identified in this SLR; 2 studies involving desensitization with CAL-PEG reported success rates of <25%

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