# Long-Term Effectiveness of Cannabidiol Against Focal Seizures in Tuberous Sclerosis Complex: Results From the GWPCARE6 Open-Label Extension Trial

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## Background

- Add-on cannabidiol (CBD) led to a significant reduction in seizures associated with tuberous sclerosis complex (TSC) in a randomized controlled trial (RCT; GWPCARE6), and most adverse events (AEs) were mild to moderate in severity.<sup>1</sup>
- In an open-label extension (OLE) of GWPCARE6, seizure frequency remained lower than the RCT baseline throughout 156 weeks of CBD treatment.<sup>2</sup>
- The specific effect of long-term treatment with CBD on focal seizures in patients with TSC is not well characterized.

## **Objective**

• To present the effectiveness and safety results of CBD treatment in patients with focal-onset seizures in the GWPCARE6 OLE.

### Methods

- Patients who had completed treatment in the 16-week randomized controlled phase of GWPCARE6 were enrolled in the OLE.
- Eligible patients were aged 1–65 years, had a clinical TSC diagnosis, were experiencing ≥8 TSC-associated seizures during the 4-week RCT baseline period, and were taking ≥1 antiseizure medication at baseline.
- TSC-associated seizures included all countable focal motor seizures without impairment of awareness (FAS), focal seizures with impairment of awareness (FIAS), focal seizures evolving to bilateral motor seizures (FBTCS), and generalized seizures (tonic-clonic, tonic, clonic, or atonic).
- Patients entering the OLE started a 2-week blinded transition period, during which the blinded medication (CBD 25 mg/kg/d, CBD 50 mg/kg/d, or placebo) from the RCT was tapered down to 0, while CBD was simultaneously titrated up to 25 mg/kg/d; the dose could then be decreased or increased up to maximum 50 mg/kg/d based on response and tolerability.
- In this post hoc analysis, the effectiveness of CBD was evaluated as the percentage change from baseline in the 28-day monthly average and responder rates (≥50%, ≥75%, and 100% reduction) of focal seizure frequency across 12-week intervals through 144 weeks of treatment.
- Safety endpoints included AEs, serious AEs, AEs leading to discontinuation, and deaths; safety results are reported for the full OLE treatment period.
- This trial was conducted with Epidiolex®, and results do not apply to other CBD-containing products.

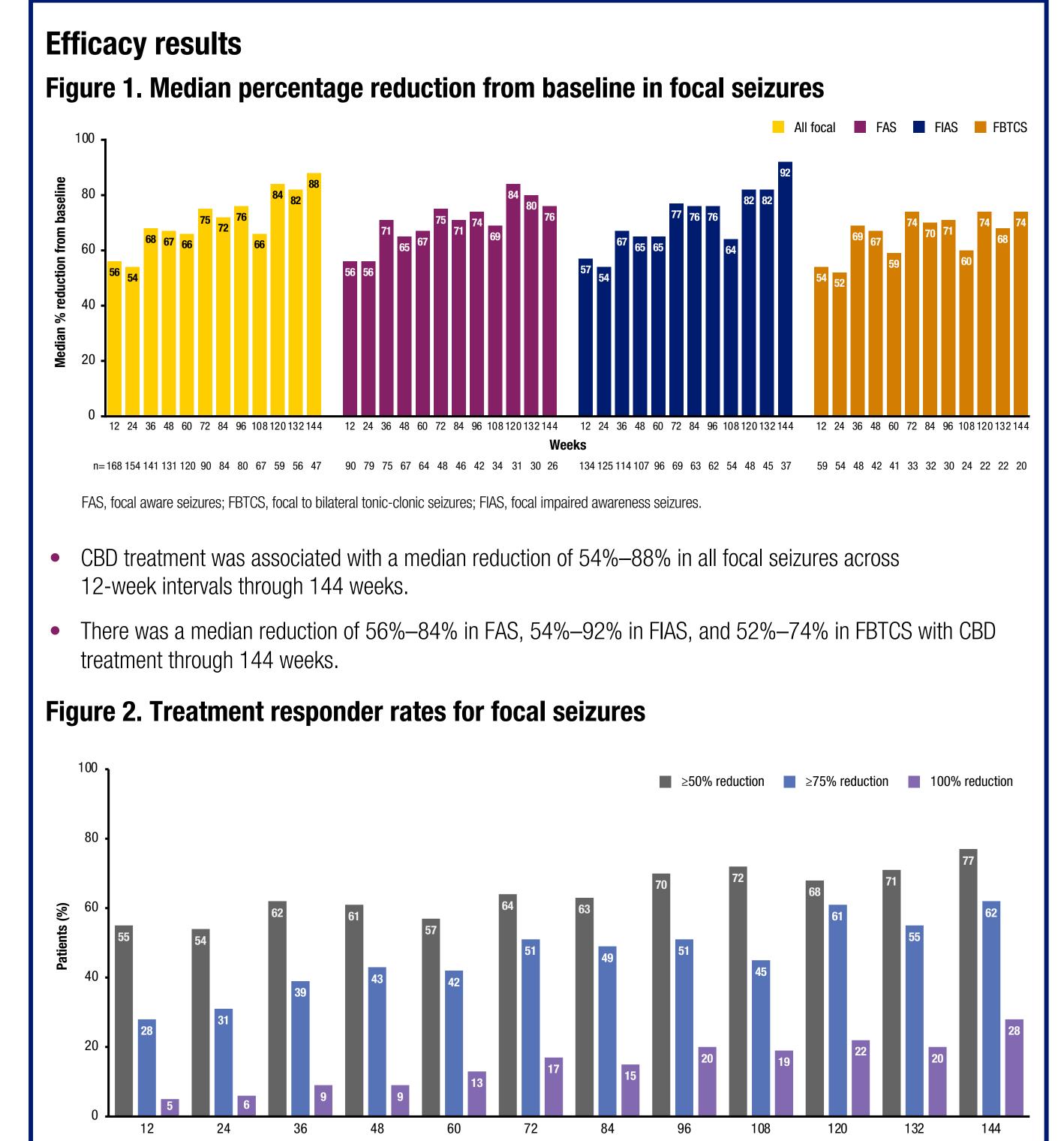
## Results

#### Patient disposition, baseline characteristics, and CBD exposure

• Of 224 randomized patients in GWPCARE6, 199 (89%) entered the OLE; of these,168 (84%) reported focal seizures, and 89 (45%) reported generalized seizures.

Table 1. Baseline characteristics and CBD exposure

|  | Patients with focal seizures (N=168) |
|--|--------------------------------------|
| Mean age, years (min, max)                         | 12.8 (1, 56)                         |
| Sex, n (%)   |                                      |
| Female   | 69 (41)                              |
| No. of ASMs at baseline, median (min, max)         | 4 (0, 15)                            |
| Most common (>20%) ASMs at baseline, n (%)         |                                      |
| Valproate  | 68 (40)                              |
| Vigabatrin   | 58 (35)                              |
| Levetiracetam                                      | 45 (27)                              |
| Clobazam   | 42 (25)                              |
| Lamotrigine  | 37 (22)                              |
| Baseline median (Q1, Q3) monthly seizure frequency |                                      |
| All focal seizures                                 | 59 (29, 118)                         |
| CBD exposure                                       |                                      |
| Median time on CBD, days (range)                   | 596 (18–1462)                        |
| Mean modal dose, mg/kg/d (SD)                      | 27 (9)                               |



- Across 12-week visit intervals, responder rates (≥50%, ≥75%, and 100% reduction) for all focal seizures ranged from 54%–77%, 28%–62%, and 5%–28% of patients, respectively.
- The overall responder rates ( $\geq 50\%$ ,  $\geq 75\%$ , and 100%) were 54%, 30%, and 0% for FAS; 57%, 33%, and 2% for FIAS; and 53%, 32%, and 3% for FBTCS during the OLE.

#### Safety results

#### **Table 2. Summary of AEs**

| Patients, n (%)   | Patients with focal seizures (N=168) |
|---|--------------------------------------|
| ΓΕΑΕς   |                                      |
| Any AEs   | 161 (96)                             |
| AEs leading to permanent discontinuation                    | 9 (5)                                |
| Serious AEs   | 33 (20)                              |
| Deaths  | 1 (<1)                               |
| TEAEs reported in ≥10% of patients by MedDRA preferred term |                                      |
| Diarrhea  | 79 (47)                              |
| Seizure   | 51 (30)                              |
| Decreased appetite  | 41 (24)                              |
| Pyrexia   | 38 (23)                              |
| Vomiting  | 36 (21)                              |
| Somnolence  | 31 (18)                              |
| Nasopharyngitis   | 28 (17)                              |
| Cough   | 25 (15)                              |
| Upper respiratory tract infection                           | 24 (14)                              |
| Fall  | 18 (11)                              |
| Constipation  | 17 (10)                              |
| Influenza   | 17 (10)                              |
|   |                                      |

AE, adverse event; MedDRA, Medical Dictionary for Regulatory Activities; TEAE, treatment-emergent adverse event.

- The most frequently reported serious AEs in ≥5% of patients were seizure (9%) and status epilepticus (5%).
- The most frequently reported AEs leading to treatment discontinuation in ≥1% of patients were seizure (2%), diarrhea (2%), liver function test increased (1%), and decreased appetite (1%).
- The one death during the study (due to cardiopulmonary failure) was deemed unrelated to treatment by the investigator
- Liver-related AEs in >1% of patients were increased alanine aminotransferase (n=12 [7%]) and increased aspartate aminotransferase (n=9 [5%]).
- In this post hoc, open-label analysis of patients with TSC in the GWPCARE6 OLE, CBD treatment was associated with a reduction in all focal seizure types through 144 weeks.
- At least 50% reduction was reported by the majority of patients across focal seizure types through 144 weeks.
- The safety profile was consistent with that observed in the overall CBD clinical development program.
- Reductions in focal seizures are consistent with the overall findings of the study.

Conclusions



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CBD, cannabidiol; OLE, open-label extension; Q1, first quartile; Q3, third quartile; SD, standard deviation